

St. Joseph School Study Skills Summer Camp

Get ready for a great school year at study skills camp!

This camp is designed for St. Joseph School incoming 5th, 6th, 7th, and 8th grade students. It will help students get prepared for middle school by learning about: individual learning styles, test taking skills, note taking, organization, time management, stress reduction, memorization tricks, prioritization, reading and writing strategies. The camp focuses on strengthening student's executive function skills and creating a customized academic success plan for the upcoming school year.



What are executive function skills & why are they important?

Executive function skills are the mental skills you use everyday to function and get things done. It's like the CEO of your brain that's in charge of gathering information, planning tasks and completing it all. We constantly use them to set goals, prioritize tasks, manage our time/materials, and remember things.

Research suggests that executive function skills are more of a predictor of school success than IQ scores. If your child forgets homework and materials at school, loses papers and forgets to turn them in, misplaces belongings, has difficulty following directions, can't determine what's important, or has a hard time starting tasks, then your child may need some help improving his or her executive function skills.

Beth Peterson, who has been a classroom teacher for over 17 years, facilitates the study skills camp. She coaches elementary to college-aged students helping them use their strengths to navigate through school and build self-confidence.

Jenny Fetchko is the learning resource specialist for 5th and 6th grade at St. Joseph School and is excited to join Beth in facilitating the Study Skills Camp.

Registration is limited. Please secure your spot BEFORE June 1st.

Circle only ONE session: 5th/6th Camp OR 7th/8th Camp

Student Name: _____

Parent Name: _____

Address: _____

Email: _____

Phone: _____

Summer Schedule 2018

My child is going into grade:
5th 6th 7th 8th (circle one)

For incoming 5th and 6th ONLY

Monday, August 13th to
Thursday August 16th
9:00-12:00

OR

For incoming 7th and 8th ONLY

Monday, August 20th
to Thursday August 23rd
9:00-12:00

Location

St. Joseph School
700 18th Avenue East
Seattle, WA 98112

email: bpeterson@stjosephsea.org

Camp fee: \$300.00 due at time of registration. Deadline June 1st.
Checks payable to: St. Joseph School, send to: St. Joseph LRC
700 18th Ave E, Seattle, WA 98112

Space is limited! Reserve your spot by registering today!

