

SCHOOL CHAMPIONS

50 YARD LOW HURDLES

1986-	Angela Stoddard-8.8	Philip Potter-8.5
1987-	Sheila Rhein-9.5	Robert Lowry-8.3
1988-	Laura Kritchever-9.3	Christian Bundy-8.5
1989-	Laura Kritchever-9.3	Robert Lowry-8.2
1990-	Laura Kritchever-9.2	Peter Swada-8.3
1991-	Samantha Kerby-8.6	Bryan Nazario-8.8
1992-	Samantha Kerby-8.9	Bryan Nazario-8.1
1993-	Samantha Kerby-8.8	Ian Hartley-9.8
1994-	Caitlin Zvoleff-8.9	Ian Hartley-8.2
1995-	Helena Stoddard-9.0	Mike Britting-9.4
1996-	Caitlin Zvoleff-8.9	Matt Zatto-9.0
1997-	Jessica Eisele-9.1	Anuar Ramirez-8.5
1998-	Liz Eisenberg-8.6	Zack Miller-8.7
1999-	<u>Ashley Werner-8.4</u>	Alex Lowenstein-9.0
2000-	Ashley Werner-8.7	Alex Lowenstein-8.5
2001-	Sophie Todd-8.9	Jesse Bean-8.4
2002-	Sophie Todd-9.4	Max McClure- 8.7
2003-	Elizabeth Kamai-9.6	Max McClure- 8.0
2004-	Julia Aaronson-9.0	Stefan Lowenstein-8.5
2005-	Julia Aaronson-8.6	Tommy Groh-8.4
2006-	Zoe Broad- 9.5	Cole Miller- 9.0
2007-	Elizabeth Ezell- 9.3	Cole Miller- 9.0
2008-	Hayley Hedrich- 9.4	Cole Miller- 8.3
2009-	Elena Dennis- 9.7	Cole Miller- 8.5
2010-	Elena Dennis- 9.3	Chris Rizutti- 8.5
2011-	Rebecca Strull- 9.3	Gianmarco Rossi- 8.4
2012-	Ashley Delgado- 9.2	Romeo Mays- 9.0
2013-	Rachel Luria- 9.6	Romeo Mays- 8.3
2014-	Haven Banks- 9.4	Ash Saiga- 8.6
2015-	Sophie Swett- 9.5	Cooper Lopez- 8.2
2016-	Sophie Swett- 8.7	Jackson Horick- 8.2
2017-	Caitlin Evers- 9.2	<u>Jackson Horick- 7.7</u>
2018-		

100 METER DASH

1986-	Melissa Eiler-13.9y	Eric Herzog-11.9y
1987-	Angela Stoddard-13.4y	Matthew David-12.8y
1988-	Sheila Rhein-13.8y	Dylan Rafferty-12.2y
1989-	Sheila Rhein-13.4y	David Lazzarini-11.5y
1990-	Louisa Ransom-14.5y	Chip Walker-Wilson-12.5y
1991-	<i>Jenna Ferrin-13.3y</i>	Danny Hecht-12.2y
1992-	Gina Laico-13.6y	<i>Scott Wade-11.4y</i>
1993-	Jessica Libien-14.5y	Danny Hecht-12.8y
1994-	Elsbeth Detwiler-14.9y	Ian Hartley-14.8y
1995-	<i>Emily Paddock-13.3y</i>	Ian Hartley-12.8y
1996-	<u><i>Georgina Vittoratos-14.1</i></u>	Tim Courtnall-15.8
1997-	Annie Jacobsen-14.6	Geoff Meyer-14.1
1998-	Jennifer Jarach-14.3	Nick Burkey-13.7
1999-	Laura Webb-15.5	Alexander Varner-14.5
2000-	Ashley Werner-14.7	Philip Prigoff-14.4
2001-	Sophie Shulman-15.1	<u><i>Alex Kasman-13.0</i></u>
2002-	Sophie Shulman-14.8	H.P Rayford-14.5
2003-	Kylee Lin- 14.7	Cooper Helfet- 13.6
2004-	Kylee Lin-14.4	Kevin Dee-15.9
2005-	Kelsey McClure-13.8	Tommy Groh-13.2
2006-	Aviva Kamler- 15.1	Davis Cooper- 14.6
2007-	Molly Owens- 14.7	Gustavo Orozco- 14.6
2008-	Maddy Mayer- 14.2	Gustavo Orozco- 13.2
2009-	Maddy Mayer- 15.0	Danny Noonan- 13.2
2010-	Sarah Ihnken- 14.6	Jason Oliver- 14.4
2011-	Sarah Ihnken- 14.5	Julian Vasquez- 13.8
2012-	Gaby Rodriguez- 15.1	Jason Oliver- 13.2
2013-	Larkin Levine- 15.7	Brendan Cady- 14.6
2014-	Sarah Camacho- 16.2	Liam Oprende- 13.0
2015-	Kiara Bromberg- 16.0	Hank Thompson- 13.5
2016-	Kiara Bromberg- 15.9	Marcos Brasil- 13.7
2017-	Emmy Lorsch- 15.15	Jackson Horick- 13.48
		Tommy Fong- 13.48
2018-		

200 METER DASH

1986-	Heidi Hoffman-33.1	Vahram Mossaedi-29.1
1987-	Jennifer Alterman-33.3	Vahram Mossaedi-29.0
1988-	Katie Wood-33.4	<u><i>Vahram Mossaedi-27.5</i></u>

1989-	Sheila Rhein-34.4	August Jaenieke-31.5
1990-	<u>Katie Wood-30.0</u>	Chip Walker-Wilson 30.5
1991-	Katie Wood-30.3	David Levin-29.2
1992-	Louisa Ransom-35.7	David Levin-30.7
1993-	Liz Wilson-34.2	Peter Kaegi-35.4
1994-	Liz Wilson-32.5	Geoff Meyer-34.4
1995-	Emily Paddock-33.2	Ian Hartley-29.8
1996-	Georgina Vittoratos-30.9	Matt Zatto-32.6
1997-	Kira George-34.3	Tim Courtnall-31.4
1998-	Lindsey Young-33.4	Franky Zamora-33.1
1999-	Ashley Werner-33.9	Jordan Parker-33.3
2000-	Ashley Werner-33.4	Alex Kasman-31.3
2001-	Julia Herron-35.4	Alex Kasman-28.2
2002-	Sophie Shulman 33.0	Kyle Jordan-35.0
2003-	Kylee Lin- 33.4	Cooper Helfet- 30.0
2004-	Kylee Lin-31.4	Kyle Jordan-29.5
2005-	Molly Owens-33.2	Tommy Groh-30.3
2006-	Molly Owens- 32.4	Jonathan Weeks- 34.0
2007-	Molly Owens- 33.0	Brian Murcia- 30.9
2008-	Maddie Bailey- 33.0	Toki Migamatsu- 30.9
2009-	Maddie Bailey- 34.8	Sam Reinertsen- 33.9
2010-	Rachel Dabora- 36.3	Garrett Gabianelli- 31.7
2011-	Andrea Garcia- 35.9	Miguel Delgado- 31.3
2012-	Rachel Dabora- 34.6	Tommy Dawson- 29.9
2013-	Alex Goldstein- 33.1	Tommy Dawson- 29.2
2014-	Alex Goldstein- 33.5	Liam Oprendeck- 29.8
2015-	Elise Dickinson- 33.8	Cooper Lopez- 29.5
2016-	Elise Dickinson- 32.5	Ben Reichardt- 34.4
2017-	Avery Hansen- 33.3	Ben Reichardt- 31.7
2018-		

400 METER DASH

1986-	Mary Beth Noble-83.8	Chris Corbett-73.6
1987-	Katie Wood-82.0	Chris Ballard-75.0
1988-	Katie Wodd-76.8	Christian Bundy-75.6
1989-	Jessica Sloan-85.0	August Jaenieke-68.5
1990-	<u>Katie Wood-68.7</u>	Danny Hecht-68.3
1991-	Katie Wood-69.0	John Zimmerman-67.9
1992-	Vanessa Reid-84.1	David Levin-66.3

1993-	Jessica Libien-76.0	Danny Perotti-80.4
1994-	Liz Wilson-72.1	Mikael Bouckaert-84.3
1995-	Vanessa Reid-77.2	Mikael Bouckart-78.1
1996-	Georgina Vittoratos-69.8	Geoff Meyer-72.2
1997-	Georgina Vittoratos-73.0	Tim Courtnall-73.0
1998-	Kelly Kristal-76.9	Franky Zamora-80.2
1999-	Kelly Kristal-83.3	Steven Phan-70.7
2000-	Natalie Smith-80.8	Steven Phan-67.3
2001-	Kathryne Oliphant-82.0	<u>Alex Kasman-63.0</u>
2002-	Kathryne Oliphant-78.6	Max McClure-73.8
2003-	Eliza Weiss- 77.5	Max McClure- 67.0
2004-	Kylee Lin- 73.8	James Brenner-70.9
2005-	Not Contested	Miguel Harrison-73.6
2006-	Not Contested	Connor Van Gessel- 69.7
2007-	Erin Van Gessel- 77.0	Greg Mroz- 75.0
2008-	Erin Van Gessel- 75.0	Chris Clifford- 86.0
2009-	Jessie Colin- 75.0	Miguel Delgado- 72.0
2010-	Jackie Cooney- 73.7	Matt Jacobs- 71.7
2011-	Jackie Cooney- 75.0	Fraser Wright- 71.9
2012-	Ashley Delgado- 78.9	Michael Dunne- 68.1
2013-	Ana Gorski- 73.7	Harry Hobart- 80.5
2014-	Alex Goldstein- 74.9	Marco Castillo- 71.9
2015-	Not Contested	Powell Nielson- 81.8
2016-	Natalie Erickson- 80.3	Powell Nielsen- 74.7
2017-	Caitlin Evers- 78.6	Ben Reichardt- 75.5
2018-		

800 METER RUN

1986-	Louisa Cammidge-3:13.4	Chris Corbett-2:30.9
1987-	Louisa Cammidge-3:04	Christian Bundy-2:41.0
1988-	Jennifer Ferrin-2:56.1	Andy Seefeld-2:44.6
1989-	Jennifer Ferrin-3:04.7	<u>Randy Kirk-2:28.6</u>
1990-	Jenny Eckert-2:51.7	Judd Rubinstein-2:37.0
1991-	Jenny Eckert-2:53.0	John Zimmerman-2:44.7
1992-	Stephanie Libien-2:58.0	Danny Banakus-2:40.5
1993-	Stephanie Libien-2:59.7	Danny Banakus-2:31.0
1994-	Georgina Vittoratos-2:58.7	Jim Newton-2:41.0
1995-	Not Contested	Jon Long-2:43.03
1996-	Liz Eisenberg-2:59.3	Ben Schrier-2:56.9

1997-	Georgina Vittoratos-2:50.0	Marc Alioto-2:39.0
1998-	Liz Rountree-3:04.4	Joe Sciarillo-2:52.2
1999-	Sierra George-3:07.9	Steven Phan-2:45.9
2000-	Dana Kendrick-3:01.2	Diego Morodo-2:37.8
2001-	Kelsey McClure-3:19.0	Nick Littman-2:51.0
2002-	Kelsey McClure-3:17.8	Zach Gilbert-2:57.9
2003-	Katie Fitzpatrick- 3:16.5	Curtis Elijah- 2:55.0
2004-	Ally Warson-3:01.1	Curtis Elijah-2:44.0
2005-	Ally Warson-3:01.0	Miguel Harrison-2:42.0
2006-	Ally Warson- 2:56.4	Connor Van Gessel- 2:50.3
2007-	Katy Lee- 3:02.3	Stephen Hannan- 3:56.0
2008-	Katy Lee- 2:42.0	Wally Dryden- 3:27.0
2009-	<u>Katy Lee- 2:41.0</u>	Will Baumbacher- 3:01.0
2010-	Ana Gorski- 3:02.4	Otto Salmi- 2:55.0
2011-	Jackie Cooney- 3:03.5	Aidan Cumming- 3:00.7
2012-	Ana Gorski- 3:06.5	Luc Gray- 3:10.1
2013-	Ana Gorski- 3:02.8	Salem Welch- 3:09.0
2014-	Ana Gorski- 2:54.8	Andrew Sim- 2:52.4
2015-	Katherine Giutierrez- 2:57.0	Nicholas Salesky- 3:00.0
2016-	Chiara Savage Schwartz- 2:54.3	Nicholas Salesky- 2:59.0
2017-	Chiara Savage Schwartz- 2:59.9	Gage Rizzo- 2:53.1
	Riley Pearson- 2:59.9	
2018-		

1 500 METER RUN

1986-(mile)	Louisa Cammidge-7:03.30	Duffy Ballard-5:58.85
1987-(mile)	Kessa George-6:44	Not Contested
1988-(mile)	Jennifer Ferrin-6:32.23	Matt Seefeld-5:59.10
1989-(mile)	Jennifer Ferrin-6:30.09	<u>Randy Kirk-5:20.06</u>
1990-(mile)	Jenny Eckert-6:08.1	Todd Hattar-5:50.1
1991-(mile)	<u>Jenny Eckert-6:05.1</u>	Richard Wright-6:07.6
1992-(mile)	Stephanie Libien-6:20.0	Danny Banakus-5:46.0
1993-(mile)	Stephanie Libien-6:20.0	Danny Banakus-5:45.0
1994-	Georgina Vittoratos-5:50.3	Jim Newton-5:28.7
1995-	<u>Georgina Vitoratos-5:42.0</u>	Jon Long-5:26.0
1996-	Sierra George-6:07.6	Ben Schrier-5:53.0
1997-	Liz Rountree-6:06.0	Marc Alioto-5:22.0
1998-	Sierra George-6:36.0	Joe Sciarrillo-5:32.0
1999-	Sierra George-6:08.0	Colin Brann-5:42.1

2000-	Dana Kendrick-6:12.9	Diego Morodo-5:29.3
2001-	Kelsey McClure-6:25.0	Matt Elijah-5:34.0
2002-	Kelsey McClure-6:49.0	David Polhemus-5:44.0
2003-	Ally Warson- 6:09.0	Kyle Jordan- 5:28.0
2004-	Ally Warson-5:58.0	Miguel Harrison-5:52.0
2005-	Ally Warson-5:45.0	Miguel Harrision-5:14.5
2006-	Katie Fitzpatrick- 6:17.0	Will Cooney- 5:40.6
2007-	Claire Kirkpatrick- 6:57.2	Will Cooney- 5:40.0
2008-	Claire Kirkpatrick- 6:56.0	Eloi Vasquez- 5:32.0
2009-	Not Contested	Michael Dunne- 5:39.0
2010-	Katie Kelley- 7:05.5	<u>Michael Dunne- 5:19.2</u>
2011-	Not Contested	Dustin Decker- 5:53.8
2012-	Taylor Powers- 7:15.6	Dustin Decker- 5:52.0
2013-	Samantha Beaton- 6:28.2	Dustin Decker- 5:41.8
2014-	Chiara S-Schwartz- 6:13.1	Neil Ashe- 5:52.6
2015-	Alison Savage-Brooks- 5:54.5	Jonah Buessing- 5:43.0
2016-	Not Contested	Connor Dickinson- 5:57.3
2017-	Madison Esrey- 6:31.0	Connor Dickinson- 6:14.0
2018-		

3,000 METER RUN

1987-(2M)	Jenny Eckert-14:44.7	Christain Bundy-12:51.4
1988-(2M)	Jenny Eckert-14:19.4	Andy Seefeld-13:06.5
1989-(2M)	Jenny Eckert-14:36.2	<u>Randy Kirk-12:10.6</u>
1990-(2M)	Jenny Eckert-14:00.2	Chris Peck-14:15.0
1991-(2M)	<u>Jenny Eckert-13:15.3</u>	Richard Wright-13:11.2
1992-(2M)	Stephanie Libien-13:13.5	Danny Banakus-12:25.0
1993-(2M)	Stephanie Libien-13:39.0	Danny Banakus-12:34.0
1994-	Sloane Whiteley-13:21.0	Jonathon Long-11:57.0
1995-	Georgina Vittoratos-12:42.6	Scott Worthington-12:40.7
1996-	Liz Rountree-12:45.0	Vincent Kirkpatrick-11:51
1997-	Liz Rountree-13:09.0	Marc Alioto-11:25.0
1998-	<i>Not Contested</i>	Joe Sciarillo-12:13.0
1999-	<i>Not Contested</i>	Colin Brann-11:55.9
2000-	Kelly Hannan-14:16.0	Alex Kasman-12:33.9
2001-	Stephanie Gwin-15:23.0	Jesse Bean-12:15.0
2002-	Kelly Hannan-14:11.5	Will Lukach-13:34.0
2003-	Ally Warson- 13:18.0	Eric Slessarev- 12:51.0
2004-	Ally Warson-12:48.9	Brad Rehder-12:25.8

2005-	<i>Not Contested</i>	Connor Van Gessel-12:03.7
2006-	Leah Kelly- 15:56.2	Will Cooney- 11:53.2
2007-	Leah Kelly- 15:33.4	Will Cooney- 12:09.8
2008-	Natalie Cooper- 16:09.2	Ernesto Garcia- 12:30.7
2009-	Leah Kelly- 16:54.8	Ben Tracy- 12:31.1
2010-	Taylor Powers- 15:47.6	<u>Michael Dunne- 11:10.8</u>
2011-	Not Contested	Dustin Decker- 5:53.8
2012-	Taylor Powers- 15:22.4	Not Contested
2013-	Taylor Powers- 14:35.7	Jack Eisele- 12:57.5
2014-	Alison S Brooks- 13:02.0	Neil Ashe- 12:32.0
2015-	Alison S Brooks- 12:45.0	Neil Ashe- 11:53.0
2016-	Not Contested	Connor Dickinson- 13:07.5
2017-	<u>Chiara Savage Schwartz- 12:41</u>	Connor Dickinson- 12:06
2018-		

HIGH JUMP

1987-	Angela Stoddard-4-2	Rob White-4-6
1988-	Sheila Rhein-4-5	Vahram Mossaedi-5-3
1989-	Sheila Rhein-4-6	<i>David Rhein-5-2</i>
1990-	Nadine Becker-3-10	Matt Seefeld-4-8
1991-	Nadine Becker-3-10	Ian Armstrong-5-3
1992-	Nadine Becker-4-2	<u>Dylan Bunnell-5-6</u>
	Sierra Millman-4-2	
1993-	Sierra Millman-4-5	David Krolick-4-7
1994-	Jessica Libien-4-4	Jeris Lizama-4-10
1995-	Caitlin Zvoleff-4-3	Andrew Keating-4-9
1996-	Caitlin Zvoleff-4-4	Vincent Kirkpatrick-5-1
1997-	Ashley Miller-4-3	Vincent Kirkpatrick-5-1
1998-	Maisia Ganz-4-5	Nick Burkey-4-11
1999-	Sylvia Harris-4-4	Matt Kuvvara-4-11
2000-	Sylvia Harris-4-4	Thomas Briley- 4-8
		Steven Phan
2001-	<u>Sylvia Harris-4-8</u>	Josh Galland-5-1
2002-	(Not Contested)	(Not Contested)
2003-	Victoria Miles- 3-8	Trent Boorman- 5-1
2004-	Margot Boorman-4-4	Will Cliff- 4-10
	Victoria Miles	
	Alex Norman	
2005-	Alex Norman-4-4	Cole Stevens-4-5

2006-	Alex Norman- 4-2	Scott Lamson- 4-6
2007-	Erin Van Gessel- 4-6	Gustavo Orozco- 4-9 Will Cooney
2008-	Erin Van Gessel- 4-7	Gustavo Orozco- 5-0
2009-	Maddie Bailey- 4-2	John Broderick- 5-0
2010-	Tylor Nowell- 4-4	John Broderick- 5-1
2011-	Rebecca Strull- 3-10	Jared Colin- 5-1
2012-	Natalie Jackiemiec- 4-0	Jared Colin- 5-1 Jason Oliver
2013-	Daisy Lookinland- 4-2	Nico Dennis- 5-2
2014-	Daisy Lookinland- 4-2	Liam Oprendeck- 5-4
2015-	Natalia Castillo- 3-10	Neil Ashe- 5-0
2016-	Natalia Castillo- 3-10	Mack Parlamis- 5-0
2017-	Sienna Lopez- 4-3	Miles Keeffe- 5-3

LONG JUMP

1986-	Katie Hammond-11-9 1/2	Eric Herzog-15-11
1987-	Katie Hammond-11-9	Evan Williams-14-0
1988-	Farah Quershi-11-3 Lelah Stess-11-3	David Rhein-15-1
1989-	Alison Metz-11-9	David Rhein-15-11
1990-	Shitel Patel-10-10	
		Todd Hattar-13-9 1/2
1991-	Colleen Schweichler-12-1	Bryan Nazario-14-11
1992-	Tui Scheuring-10-9	Bryan Nazario-15-8
1993-	Sierra Millman-12-10	Michael Duffy-12-5
1994-	Lindsey Gilbert-12-2	Jim Newton-15-11
1995-	Emily Paddock-12-3	Ben Sloan-13-6
1996-	Elsbeth Detwiler-13-1 1/2	Omar Ramirez-15-11
1997-	Alisa Krasowski-14-3	<u>Vincent Kirkpatrick-17-0</u>
1998-	Avia Bushyhead-12-2	Louis Bartu-13-0
1999-	Katherine Dee-12-7	Matt Kuvara-14-11
2000-	Jennifer Aster-12-0	Diego Morodo HP Rayford- 14-7
2001-	Sylvia Harris-12-11	HP Rayford-14-4
2002-	Kelly Hannan-13-4	HP Rayford-16-6
2003-	Kelly Hannan- 13-6	Chris Martin- 15-0
2004-	Emily Shulman-12-2	Stefan Lowenstein- 15-2
2005-	Tess Bredeson-12-2	Tommy Groh-15-3

2006-	Tess Bredseson- 12-0	Luke Todd- 13-3
2007-	Elizabeth Ezell- 12-0	Luke Todd- 15-8
2008-	Cassie Chuljian- 13-1	Sebastian Ravitz- 14-8
2009-	Sarah Ihnken- 13-5	Cole Miller- 14-7
2010-	Cassie Chuljian- 13-8	John Broderick- 14-10
2011-	<u>Sarah Ihnken- 14-7</u>	Fraser Wright- 15-4
2012-	Rebecca Strull- 13-1	Patrick Warner- 14-1
2013-	Alex Goldstein- 13-2	Tommy Dawson- 15-5
2014-	Alex Goldstein- 13-1	Ethan Strull- 15-8
2015-	Caroline Suh- 11-6	Hank Thompson- 15-4
2016-	Katherine Gutierrez- 13-6	Miles Keeffe- 14-1
2017-	Chiara Savage Schwartz- 12-8	Tommy Fong- 16-3
2018-		

TRIPLE JUMP

1988-	Robyn Keller-23-1	Dylan Rafferty-30-3
1989-	Not Contested	Bryan Nazario-26-6
1991-	Colleen Schweichler-23-11	Dylan Bunnell-35-7
1992-	Amanda Atterbury-23-10	Patrick MacLeamy-25-10
1993-	Amanda Atterbury-25-8	Danny Perotti-24-6
1994-	Liz Wilson-26-1	Ian Hartley-27-9
1995-	Rachael Rosen-24-9	Ian Hartley-30-1
1996-	Elsbeth Detwiler-28-6 1/2	John Nakai-32-2
1997-	Elsbeth Detwiler-21-10	Matt Zatto-33-7
1998-	Maya Craig-29-0	Louis Bartu-27-3
1999-	Katherine Dee-24-10	Henry Strauch-30-11
2000-	Sylvia Harris-27-4	Josh Galland-31-9
2001-	<u>Sylvia Harris-29-10</u>	<u>Josh Galland-36-6</u>
2002-	Tara Bredesen-28-1	David Swander-30-11
2003-	Tara Bredeson- 29-2	Chris Martin- 31-11
2004-	Vanessa Gusman- 24-6	Alexander Kamai- 29-0
2005-	Charlotte Kamai-25-3.5	Tommy Groh-30-8
2006-	Maddie Ross- 26-1	Quinton Wessells- 21-0
2007-	Maddie Bailey- 26-0	Jack Hensley- 25-2
2008-	Maddie Bailey- 26-4	Jordan Nakamoto- 26-4
2009-	Katy Lee- 27-0	Ben Lyons- 27-6
	Maddie Bailey- 27-0	
2010-	Macey Mathews- 20-6	Patrick Dunne- 31-11
2011-	Kate Claman- 22-5	Miguel Delgado- 26-7

2012-	Gaby Rodriguez- 25-7	Ben Blum- 17-9
2013-	Gaby Rodriguez- 27-10	Ben Blum- 19-6
2014-	Rachel Luria- 26-5	Aidan Evans- 23-2
2015-	Janavi Padala- 19-8	Aidan Ashe- 24-3
2016-	Sophia Bromberg- 26-8	Aidan Ashe- 27-5
2017-	Sophia Bromberg- 29-6	Aidan Ashe- 29-7
2018-		

SHOT PUT

1986-	Laurie Atherton-21-11	Peter Haugen-34-4
1987-	Amy Haugen-19-9	Miguel Fierro-29-3
1988-	Jennifer Gotanda-19-4	Daniel Pardi-31-4
1989-	Natasha Hauswald-22-1	Daniel Pardi-36-5
1990-	Kassia Vote-22-7	Charles Hodges-35-10
1991-	Kassia Vote-23-9	Andy Seefeld-39-5
1992-	Kassia Vote-25-10	Dylan Bunnell-37-0
1993-	Ashley Lazar-26-5	David Krolick-33-0
1994-	Claire Michie-23-0	Andrew Hogue-36-10
1995-	Krista Simundson-27-5	Adam Banakus-33-6
1996-	Maysa Namakian-23-6	Jeff Wilson-37-4
1997-	<u>Annie Jacobsen-31-5</u>	Kurt Seefeld-39-9
1998-	Courtney Gustafson-29-7	<u>Kurt Seefeld-45-3</u>
1999-	Michelle Detrick-28-7	Andy Banakus-29-10
2000-	Chelsea Prigoff-26-3	Andrew Magaline-36-6
2001-	Chelsea Prigoff-27-5	Carlos Oroza-32-3
2002-	Ceci Babcock-22-4	David Kram-29-1
2003-	Anna Bischoff- 28-8	Bennett Blazei- 34-3
2004-	Anna Bischoff- 29-0	Stefan Portale- 28-7
2005-	Caitlin Stanton-27-2	Stefan Portale-33-7
2006-	Alena Kleinbrodt- 24-4	Chris Broderick- 31-10
2007-	Kamille Johnson- 26-1/2	Gabe Beaudoin- 32-4
2008-	Kamille Johnson- 26-3	Max Norman- 32-8
2009-	Emma Jones- 26-0	Max Norman- 34-1
2010-	Ali Croteau- 26-10	Aidan Nelson- 33-4
2011-	Ava Salmi- 24-0	Milton Dimas- 30-1
2012-	Caroline Noble- 25-10	Alex Berbey- 32-6
2013-	Caroline Noble- 30-3	Alex Berbey- 34-11
2014-	Chessa Brown- 27-4	Quinn Woodhead- 30-11
2015-	Sally Noble- 25-6	Hank Thompson- 32-0
2016-	Elise Dickinson- 23-8	Powell Nielsen- 29-10

2017-	Ellie Sutro- 27-9	Powell Nielsen- 36-6
2018-		

DISCUS THROW

1986-	Jennifer Gotanda-48-8	Scott Johnson-80-5
1987-	Jennifer Gotanda-62-9	Vahram Mossaedi-109-7
1988-	Jennifer Gotanda-57-0	Vahram Mossaedi-123-5
1989-	Kendal Becker-50-6	David Rhein-109-7
1990-	Farah Qureshi-53-0	Matt Seefeld-112-8
1991-	Shana Hellman-54-9	Andy Seefeld-104-1
1992-	Nadia Hattar-65-9	<i>Ryan Morris-126-2</i>
1993-	Ashley Lazar-66-8	Adam Banakus-74-3
1994-	Megan Morris-50-7	Brian Gotanda-87-6
1995-	Heather Mathews-61-0	Mark Shrumpf-99-7
1996-	Kelly Morgen-54-5	Jeff Wilson-91-8
1997-	Courtney Gustafson-64-7	Kurt Seefeld-110-6
1998-	Courtney Gustafson-65-6	Kurt Seefeld-121-4
1999-	Michelle Detrick-66-0	Andy Banakus-104-10
2000-	Chelsea Prigoff-73-5	Andrew Magaline-99-11
2001-	Chelsea Prigoff-72-8	Carlos Oroza-110-2
2002-	Victoria Miles-58-3	David Kram-96-2
2003-	Victoria Miles- 67-0	Kevin Dee- 110-1
2004-	Victoria Miles- 79-3	Kevin Dee- 103-11
2005-	Caitlin Stanton-71-10	Stefan Portale-91-8
2006-	Madi Cossey- 64-3	Max Saunders- 104-2
2007-	Blair Scott- 65-4	Max Norman- 90-2
2008-	Alexis Bacciocco- 59-0	Garrett Griffin- 96-10
2009-	Natalie Cooper- 65-3	Max Norman- 109-2
2010-	Lauren Perry-Carrera- 53-5	Alec Neal- 100-4
2011-	Caroline Noble- 56-5	Jake Chiang- 82-0
2012-	Caroline Noble- 61-5	Dylan Woodhead- 84-1
2013-	<i>Caroline Noble- 89-9</i>	Angelo Zorn- 108-10
2014-	Chessa Brown- 77-7	Jack Carek- 109-0
2015-	Natalie Erickson- 65-2	Taylor Dixon- 82-3
2016-	Natalie Erickson- 69-2	Mack Parlamis- 98-1
2017-	Lily King- 61-9	Matthew Regier- 108-5
2018-		

JAVELIN THROW

1988-	Kerry Lum-38-1	Daniel Pardi-92-8
1991-	Samantha Kerby-49-2	John Scheuring-105-8
1992-	Samantha Kerby-50-6	Ryan Morris-74-1
1993-	Samantha Kerby-61-5	Leif Cederblom-85-1
1994-	Alexis Detwiler-55-10	Brian Gotanda-87-6
1995-	Alicia McGill-45-10	Phillip Askim-93-2
1996-	Maysa Namakian-47-8	Omar Ramirez-110-6
1997-	Kelly Kristal-60-1	David Rodriguez-109-9
1998-	<u>Kelly Kristal-92-4</u>	Kurt Seefeld-107-7
1999-	Kelly Kristal-78-1	Alexander Varner-111-9
2000-	Julia Gorton-64-8	Josh Galland-97-1
2001-	Lauren Helbig-61-3	Josh Galland-105-8
2002-	Colby Kuvara-62-1	Chris Zimmerman-114-1
2003-	Colby Kuvara- 77-3	David Polhemus- 105-9
2004-	MacKenzie Ross- 44-9	Matt Baron- 97-9
2005-	MacKenzie Ross-55-2	Davis Cooper-93-0
2006-	Erin Wilson- 58-7	Davis Cooper- 102-0
2007-	Blair Scott- 62-9	Luke Todd- 84-10
2008-	Natalie Cooper- 56-6	Alex Knoll- 97-7
2009-	Natalie Cooper- 86-9	Brian Perry-Carrera- 111-5
2010-	Sophie Rosembaum- 47-8	Alec Neal- 106-0
2011-	Not Contested	Not Contested
2012-	Audrey Zhao- 61-7	Dylan Woodhead- 110-7
2013-	Samantha Beaton- 44-5	David Shea- 105-10
2014-	Lily Cummings- 67-1	Ash Saiga- 113-0
2015-	Lily Cummings- 75-0	<u>Ash Saiga- 135-0</u>
2016-	Natalie Erickson- 90-3.5	Ash Saiga- 133-9
2017-	Lily King- 55-7	Zach Cohen- 100-6
2018-		